

# Kitchen Redesign

## How to Plan Your Dream Kitchen

Considering a kitchen remodeling project? Well, you may be wondering:



What are the costs involved with kitchen remodeling? How much value will it add to my home?

Not sure about the costs vs. benefits? Here are some interesting numbers:



Wow, it sounds like a great investment! But I still have questions, like...

*What do I need to know when planning a kitchen layout?  
What are kitchen work stations?  
What do I need to measure when shopping for new cabinets?*



## Kitchen Work Stations 101

As you begin planning a new kitchen design, think about how the space will function for you and your family in the end. The more specific you can get, the better:

- How many cooks are there?
- How many bakers?
- Do you have young children to accommodate?
- What kind of storage solutions will you need?
- Do you entertain in the kitchen a lot?
- Do you use the kitchen for other activities, like working or playing games?

Answering these questions will determine how many “work stations” your kitchen will require, and how they will function.

**Kitchen work stations are functional counter areas with defined purposes.** You might have two meal prep stations (if there's more than one cook in the home), complete with separate sinks, or a baking station with a proofing drawer in the cabinets below. You can set up a station for a child with lower countertops and cabinets filled with child safe cooking utensils. Or you can make a cleaning station with a double-sink and dishwasher housed in the cabinets below. Many kitchens are now including a work station that's tucked away from the meal prep traffic for browsing the internet and studying. You can use a counter-island as a place to prep meals and entertain guests by adding bar-stool seating on the side opposite the appliances.

By creating work stations, you can maximize your kitchen's functionality and determine your final kitchen layout. Work stations can also help manage traffic flow between the **stove, sink, and refrigerator** to improve efficiency and convenience.

## Directing Foot Traffic

### Improving Traffic Flow To and From Your Work Stations



## Kitchen Cabinetry 101

What do I need to measure when planning for new kitchen cabinets?



### Step 1: Overall Length of the Wall or Walls

You want the overall length of the wall. If possible, always start measuring your walls from an adjoining corner. Measure from wall edge to wall edge, getting the total space, ignoring appliances, fixtures and windows for the time being.

### Step 2: Measure the Windows and Appliances

If there is a window you will be centering your sink under, measure from the wall edge to the casing of that window and make note of that. Then, measure the window from casing edge to casing edge, marking that and then take the measurement of the remainder of the wall. Measure and mark any other windows in the kitchen.

Any appliances or fixture that will not or cannot be moved, such as a gas stove, or existing kitchen island, should be marked on the layout as well.

### Step 3: Mark the Fixtures

Start with the wall that has a sink centered under a window, if you have one. Visibly mark where all electrical, plumbing and vents currently are. The vents, electrical and plumbing can all be moved to fit your remodeled layout during the construction phase, but for now take note of where everything is and make sure it is marked.

Make note of any soffits, recessed ceilings or any other feature existing in the room that could impact the height of the wall cabinets.



How about cabinet placement? What are the standard cabinet sizes?

**30"** Standard “upper” kitchen cabinet height is 30”, although they also come in 36”, 39” and 42” heights.

**36"** Standard “base” kitchen cabinet height is 34.5" high (plus 1.5" thick countertop equals a total height of 36") X 24" deep.

Want to learn more? Consult with a GNH design specialist today! Visit GNH [Kitchen design online](#) or call (518) 313-1229 to get started on your dream kitchen.

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